

# BLUE HILLS SKYLINE TRAIL RUN

## SUNDAY, JULY 9<sup>th</sup>, 2006 8am.

The Skyline Trail run is 7.2 miles with 1800 feet of climb on the Blue Hills Reservation North & South Skyline Trail and Bugbee Path.

The trail is extremely rocky and steep and demands balance and agility. Expect views of Boston along with staircase steep climbs and tumbling rock downhill. Minimal course marking, follows skyline blazes with signs at critical turns. There are three water stops, light refreshments at the finish.

Benefits the US Junior Orienteering Team and Blue Hills Nordic Ski Patrol  
SPONSORED by INOV-8 TRAIL SHOES

### Course records:

M-OPEN	Ben Nephew	62:59	2005
F-OPEN	Waltraud Pulsinger	85:16	2000
M-Masters	Jeffrey Saeger	69:13	1997
F-Masters	Carol Kane	92:24	1999

Directions: I-93/Rt.128 Exit 2B. North on Rt.138 to Blue Hills Ski area on right.  
Start is at base of ski slope.

Entry fee \$10 postmarked by July 5. Postentry \$15 after that date. Race directors free! Pay at race site. Do not mail entries after July 5!

Mail entry to :

Jeffrey Saeger 74 Richards St. Dedham, MA 02026

LIMITED TO 100 ENTRANTS. SANCTIONED BY USA TRACK & FIELD  
Questions???? Email Jeff Saeger [runwld2@juno.com](mailto:runwld2@juno.com)  
or Paul Correia [piccorr@msn.com](mailto:piccorr@msn.com)

Print and sign entry/waiver below.

### WAIVER AND ASSUMPTION OF RISK FOR SKYLINE TRAIL RUN

Please enter me in the Blue Hills Skyline Run. I agree to assume any and all risk of injury or damage that may occur to me while participating in this event. In consideration of this entry being accepted, I hereby for myself, heirs, executors and assigns, waive and release any and all rights and claims for damages I may have against the persons or organizations affiliated with the Skyline Trail Run, the Commonwealth of Massachusetts Department of Conservation & Recreation, race directors, the sponsors, their representatives, successors, or assigns, for any and all injuries suffered by me in the said event, however incurred or sustained. I attest that I am physically fit, and understand the difficulties and hazards of trail running, and have trained sufficiently for the completion of this event.

Print Name.....Age.....Sex.....

Signature.....